



# Uffington Church of England Primary School

'Optimum Solum Satis Est' – 'Only the best is good enough'

## POLICY FOR SEX AND RELATIONSHIPS EDUCATION

### 1. Introduction

The DfE document 'Sex and Relationship Guidance' defines Sex Education as 'lifelong learning about physical, moral and emotional development. It is about the understanding of the importance of marriage for family life, stable and loving relationships, respect, love and care. It is also about the teaching of sex, sexuality and sexual health'.

This policy outlines the purpose, nature and management of Sex and Relationships Education taught at Uffington School.

This policy reflects the consensus of opinion of the whole teaching staff and has the full agreement of the Governing Body.

The implementation of this policy is the responsibility of all teaching staff.

### 2. Aims

We ensure that the Sex and Relationships Education programme reflects the Christian ethos of our school. We aim to develop confidence in talking, listening and thinking about feelings and relationships.

2.2. We teach children about:

- The physical development of their bodies as they grow into adults.
- The names of parts of the body and how they work.
- Respect for their own bodies and those of others, and what they should do if they are worried about any sexual matters.
- How to protect themselves and ask for help and support.

### 3. Implementation

Sex and Relationships Education is taught as part of the curriculum for Personal, Social and Health Education. However, Sex and Relationships Education may also be

taught through other subjects (Science and P.E. for example) where we feel that they contribute significantly to a child's knowledge and understanding of his or her own body and how it is changing.

In KS1 and the Foundation Stage, we teach about how we grow and the importance of personal hygiene for good health.

In KS2, we teach about the parts of the body and how these work, and we explain to the children what will happen to their bodies during puberty. We encourage the children to ask for help if they need it.

In Year 5, we place a particular emphasis upon personal hygiene.

In Year 6, the children are taught about how their bodies will change during puberty.

Sex and Relationships education is always taught with due regard for the emotional development of the children.

We liaise with Lincolnshire Healthy Schools about suitable teaching materials to use with our children in Sex and Relationships Education lessons.

#### **4. The Role of Parents**

The school is well aware that the primary role in children's Sex and Relationships Education lies with parents and carers. We wish to build a positive and supporting relationship with the parents of children at our school through mutual understanding, trust and co-operation. In promoting this objective we:

- Inform parents about the school's Sex and Relationships Education policy and practice;
- Answer any questions that parents may have about the Sex and Relationships Education of their child;
- Take seriously any issue that parents raise with teachers or governors about this policy or the arrangements for Sex and Relationships Education in the school.

Parents have the right to withdraw their child from all or part of the Sex and Relationships Education programme taught in our school.

#### **5. Confidentiality**

Sex and Relationships Education is taught in a sensitive manner and in confidence. However, if a child makes a reference to being involved, or likely to be involved in sexual

activity, then the teacher will take the matter seriously and deal with it as a matter of child protection in accordance with the Safeguarding Children and Young People Policy.

### **Background Documentation**

This policy was informed by reference to the DfE document *Sex and Relationship Guidance* (DfES 0116 / 2000) and guidance from the Lincoln Diocesan Board of Education.

### **Monitoring and Review**

The Headteacher and staff will review this policy biennially. Any suggested amendments will be presented to the Governing Body for discussion at their first meeting following review.

Reviewed by the Curriculum and Standards Committee	November 2014
Reviewed by the Curriculum and Standards Committee	December 2016
Next review	November 2018